

October 2025 Update

Wellness and Recognition Subcommittee

Shared Governance People & Culture Council



Overview



Our Subcommittee's Mission

The Wellness subcommittee of the People and Culture Council empowers employees to learn about, connect with, and develop their own holistic wellness goals, fostering a balanced and thriving work-life experience.

Institutional Alignment

Our strategy aligns directly with the College's Vision of empowering individuals and strengthening communities. By giving our staff the resources they need to thrive, we enable them to better serve our students.

Progress and Next Steps

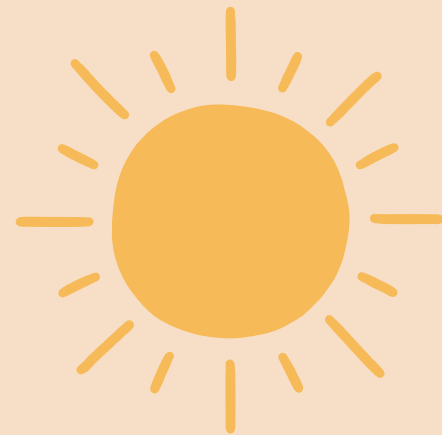
Details of the plan are being finalized, and we are eager to share our progress with the Council. Ongoing collaboration will ensure the success of our initiatives.

Key Points



Working as a Team

- Shared responsibility
- Collaboration
- Focus on our own wellness within this working group
- New members



Summer Wellness Program

- Wellness calendar rollout
- Getting feedback
- Identifying gaps
- Following up



Potential Wellness Grant

- Oregon Wellbeing Trust
- Funding for college wide wellness programming
- Drafting our proposal



Prioritizing Recognition

- 25/26 work plan
- Catalogging formal programs
- Building a resource repository